

BET YOU CAN HELP

PROGRAMME

PRACTICAL FIRST AID FOR
GAMBLING RELATED HARM



Equipping learners with the knowledge, skills and attitudes to tackle gambling related harm

Beacon Counselling Trust, ARA Recovery For All, RCA Trust Scotland, Breakeven, NECA, Aquarius and Betknowmore are delivering a practical first aid approach programme to tackle gambling related harm across England, Scotland and Wales

If you work in a public facing role, or are interested in learning more about how gambling related harm can impact individuals and those affected by somebody else's gambling we have two tailored training offers available.



'Bet You Can Help Now!' is a 90-minute awareness raising workshop accredited by the Royal Society for Public Health, designed to increase knowledge and understanding of gambling harm and the appropriate levels of support which are available.



The Ofqual regulated 'Bet You Can Help' course is a Level 2 full-day programme accredited by the Royal Society for Public Health with the aim of improving the understanding and confidence of attendees to support those affected by gambling harm.

The learning outcomes for participants attending this course are highlighted in the key elements listed below:

- Learners will develop their knowledge, skills, understanding and awareness of gambling related harm (GRH).
- Learners will understand the nature of gambling and gambling related harm and the impact on health and wellbeing.
- Learners will know how to provide help and support to an individual at risk of, or affected by, gambling related harm and signpost to appropriate specialist services.

**To find out more and register your interest email:
bych@beaconcounsellingtrust.co.uk**

Our Mission Statement

'We want to drive down the numbers of people suffering gambling related harm, whilst at the same time increase the numbers of individuals accessing appropriate treatment and support.'