


January 2026

	MON	TUE	WED	THU	FRI
5	WHITEFIELD DROP-IN SIR ROBERT PEEL 1.00PM - 2.30PM	6 PRESTWICH DROP-IN CHURCH LANE COMMUNITY CENTRE 1.00PM - 2.30PM JINNAH WOMEN'S WELLBEING GROUP 10.30AM-11.30AM JINNAH CENTRE, BURY	7 WEEKLY COFFEE MORNING BURY MASONIC HALL 10.30AM - 12.00PM	8 ART GROUP COSALEA CAFE, WALSHAW 11.00AM - 2.00PM	9
12		13 RADCLIFFE DROP IN UNITED REFORMED CHURCH 10.30AM - 12.00PM	14 WEEKLY COFFEE MORNING BURY MASONIC HALL 10.30AM - 12.00PM	15 ART GROUP COSALEA CAFE, WALSHAW 11.00AM - 2.00PM	16
19	WHITEFIELD DROP-IN SIR ROBERT PEEL 1.00PM - 2.30PM	20 PRESTWICH DROP-IN CHURCH LANE COMMUNITY CENTRE 1.00PM - 2.30PM	21 WEEKLY COFFEE MORNING BURY MASONIC HALL 10.30AM - 1.00PM	22 ART GROUP COSALEA CAFE, WALSHAW 11.00AM - 2.00PM	23 Bury 
26		27 RADCLIFFE DROP IN UNITED REFORMED CHURCH 10.30AM - 12.00PM	28 WEEKLY COFFEE MORNING BURY MASONIC HALL 10.30AM - 1.00PM	29	30 RAMSBOTTOM Scotties Cafe and Tea Rooms, Railway St, Ramsbottom 10.00AM - 11.30AM
WEEKLY ONLINE LINKS ON FB			REIKI 2.00PM - 3.00PM YOGA FLOW 6.15pm - 7.30PM	YOGA NIDRA 7.00pm (Guided meditation)	