

Glossary of Terms for the post COVID-19 pathways

BARDOC	Bury and Rochdale Doctors on Call: out of hours GP services.
Intermediate Tier (IMT)	<p>The umbrella term used for Bed-based Intermediate Care, Home-based Intermediate Care and Reablement.</p> <p>The Intermediate Tier provides short-term support and involves NHS and social care services who work together to aid faster recovery from illness or surgery. IMT can prevent hospital admission, avoid premature admission to long-term residential care, support timely discharge from hospital and increase independent living.</p>
Primary Care	Primary Care is often the first point of contact for people in need of healthcare, usually provided by professionals such as GPs, dentists and pharmacists.
Secondary care	Secondary Care is also referred to as 'hospital and community care'. It can either be planned, urgent or emergency care.
Self-care	The practice of taking action to preserve or improve your own health.
SOP	Standard Operating Procedure. A set of step-by-step instructions compiled by an organisation to help staff undertake specific functions at work.
Workforce Hub	<p>Support for public sector and voluntary, community and faith sector employers/employees in Bury. The Workforce Hub can signpost staff to the support available in their employing organisation and in the wider system. The Hub can also support with recruitment and learning opportunities.</p>