

MARKET POSITION STATEMENT 2022-2025

To support, and work with, people with learning disabilities and/or autism to achieve their full potential - by focusing on promoting independence, choice, and inclusion, prevention of inequalities, and improvement of health and wellbeing.



Learning Disability and/or Autism



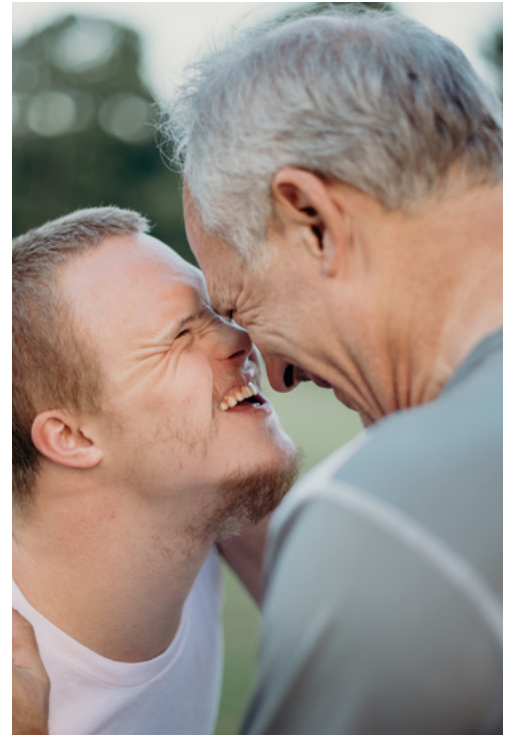


Learning Disability and/or Autism

Introduction

This publication is one of a series of Market Position Statements and marks the start of conversations with Providers and potential Providers as we build up understanding and intelligence on the needs of people with a Learning Disability and/or Autism.

-  **Co-design and Engagement**
To gather the views of local people and work with them to develop a vision and key priorities
-  **Strategy**
Develop and implement the Learning Disability and Autism Charters and action plans through co-production and engagement
-  **Plan**
Map out and consider different ways to meet need; what are Bury's available resources



Key components of work to be undertaken

Our Principles

Development of independence: for some, this will enable individuals to have more choice and be able to undertake some basic self-care; for others it will result in employment, better links with friends and their local community and less need for funded social care services.

In line with the Preparation for Adulthood work that is underway following the implementation of Children and Family Act 2014, which we feel applies to all customers 16+, we aim to support with:

- living independently
- gaining employment or voluntary work
- being part of their community
- and keeping safe and healthy

Working with individuals and their families, where relevant, both in developing their individual plans and in-service development. What we have heard from young people and those using services aligns with our principles.

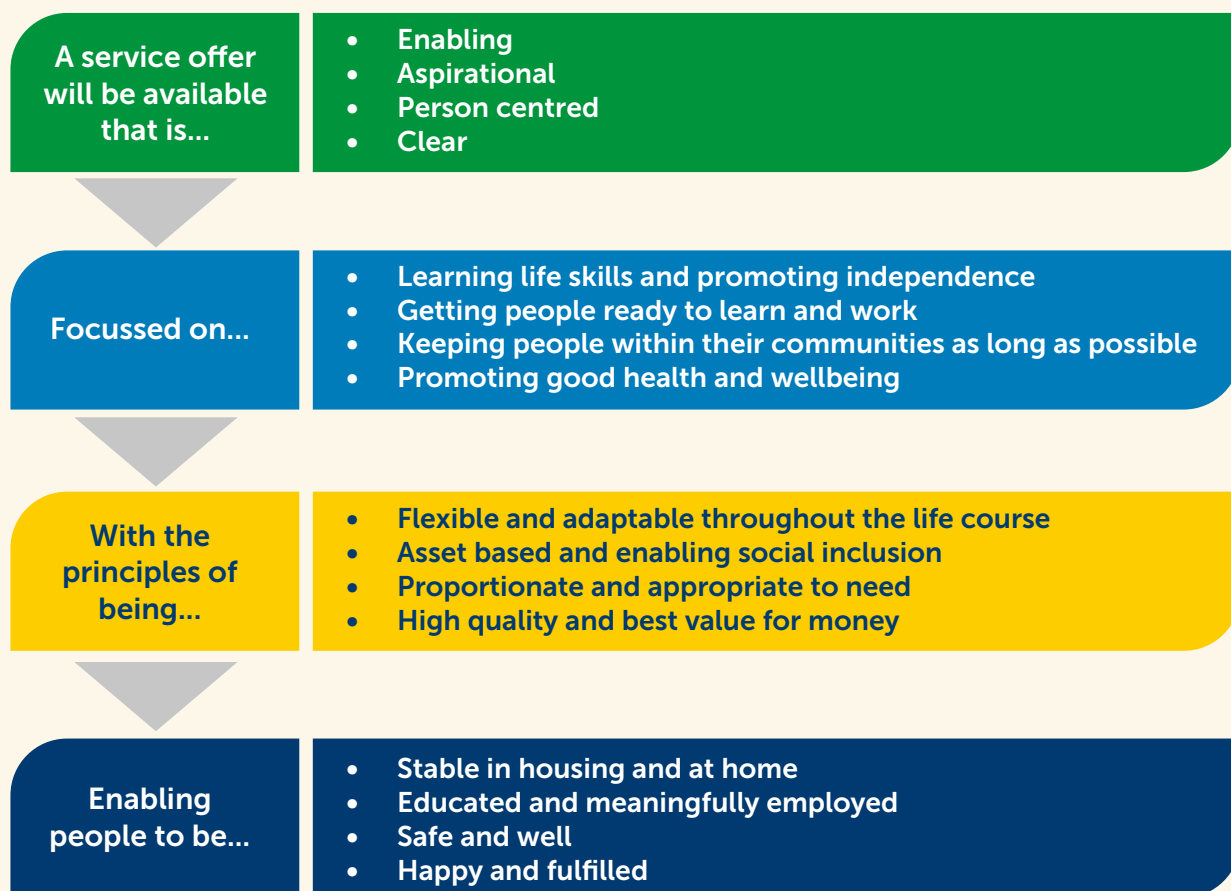
// To gather the views of local people and work with them to develop a vision and key priorities //

This means we will:

- Commission all our services in line with the Strengths Based Approach. This draws on the individual's personal skills, strengths and assets and opportunities in the local community to maximise what they can achieve and aims to develop greater resilience in individuals and families.
 - Taking a positive approach to risk management, supporting Providers to offer enabling models of support whilst meeting their registration requirements and maintaining services that are safe and of good quality.
 - Using the strengths-based approach, positive risk taking and investment in a range of prevention services, including use of volunteers, which will mean that more people's needs can be met without the need for formalised care.
 - Work with care Providers in all settings to ensure that people are as independent as possible. This will mean actively addressing the communication, environmental and interpersonal issues that may trigger behaviours that challenge, through the application of Positive Behaviour Support and similar approaches to reduce the levels of restrictive care and support.
 - Commission services to provide "just enough" support, not only due to financial constraints but because we believe that this will support individual development and positive risk taking.
 - Commission short-term support with a clear focus on progression. We will be realistic about the tasks that people aspire to and can complete for themselves.
 - Ensure residential care is only reserved for people whose needs cannot be met in other settings or where this is the most appropriate and cost-effective situation.
 - Commission support close to where people live and aim for as many people as possible to travel independently.
 - Expect Providers to be competent to deliver care to the individuals they support without undue or repeated referrals to health or social care community teams.
 - Support people to get into work and to learn skills to equip them for this, by working with employers, Providers, and organisations across the system to increase training, volunteering, and work opportunities.
 - Promote an increased use of Assistive Technology to increase independence and reduce reliance on formalised care and support.
 - Commission services that help lead to people being as healthy as possible in adult life, including ensuring people with a Learning Disability and or Autism have their annual health checks and address the health inequalities faced particularly by people with Learning Disability and or Autism.
 - Work in positive collaboration with the Provider market, sharing our plans and developing strategies for the future.
- Our principles mean that we will aim to commission all age services where possible, with a vision to deliver a lifelong pathway for people with Learning Disability and Autistic people, their families, and carers.



Pathway for Lifelong Service



Current Position

There are an estimated 3,485 adults with Learning Disability resident in Bury, of this estimate 725 have moderate/severe Learning Disability (and likely to be in receipt of services), and 51 have behaviours which challenge.

It is difficult to establish the numbers of people with Autism in Bury, given the difficulties in diagnosis. Taking national estimates of expected prevalence and applying to the Bury population, we expect there to be 2,130 Autistic people.

- There are currently around 49 adults with Learning Disability living in residential care
- There are currently around 249 adults with Learning Disability living in their own tenancies and receiving support
- The total expenditure on adults with Learning Disability and/or autism across the health and social care system is outlined below
- There are around 165 people with Learning Disability and/or autism attending formal day services, including 62 places each week for "Escape" our younger people's services: which aims to build skills and/or supporting access to community and leisure activities

We will be working with partners to remodel day service provision in 2022/2023, using principles which:

- Focus on the individual, their strengths, choices, assets, and goals
- Focus on the outcomes they want to achieve
- Provide support that enables the person to access a range of opportunities in the wider, and their own community as an active citizen
- Focus on skills development, improving independence in daily living i.e., travel training and employment where possible
- Make the most of facilities within the borough of Bury

The table below shows the gross expenditure of the Learning Disability Budget for the last complete financial year (FY2020/21):

Type of Spend	CCG Expenditure	Council Expenditure	Total OCO expenditure
Residential Care	£270,577.00	£4,135,863.48	£4,406,440.48
Nursing Care		£88,222.15	£88,222.15
Day Care		£2,199,258.75	£2,199,258.75
Supported Living	£2,399,985.00	£15,465,337.61	£17,865,362.61
Direct Payments / Personal Health Budgets	£849,435.00	£3,680,343.09	£4,539,778.09
Shared Lives		£216,496.51	£216,496.51
Residential Respite Care		£738,673.99	£738,673.99
Residential Respite Nursing Care	£859,040.00	£54,950.72	£913,990.72
Care at Home	£426,168.00	£7,853.80	£434,021.80
Complex Care at Home/ Community Support		£260,124.32	£260,124.32
Employment Support and Training		£455,635.00	£455,635.00
Staffing	£1,153,143.00	£528,200.00	£1,681,343.00
Other	£2,101,574.00	£57,045.85	£2,158,619.85
Total for FY2020/21	£8,059,922.00	£27,888,005.27	£35,947,927.27

Source: Finance data from CCG and Council Finance teams as at February 2022

Key Challenges

Growing population and demand for social and health care services

Bury Council publishes a wealth of health and social care data and analysis which is in neighbourhood profiles <https://www.bury.gov.uk/index.aspx?articleid=15624>

There are an estimated 3,485 adults with Learning Disability resident in Bury, of this estimate 725 have moderate/severe learning disabilities (and hence likely to be in receipt of services), and 51 have behaviours which challenge.

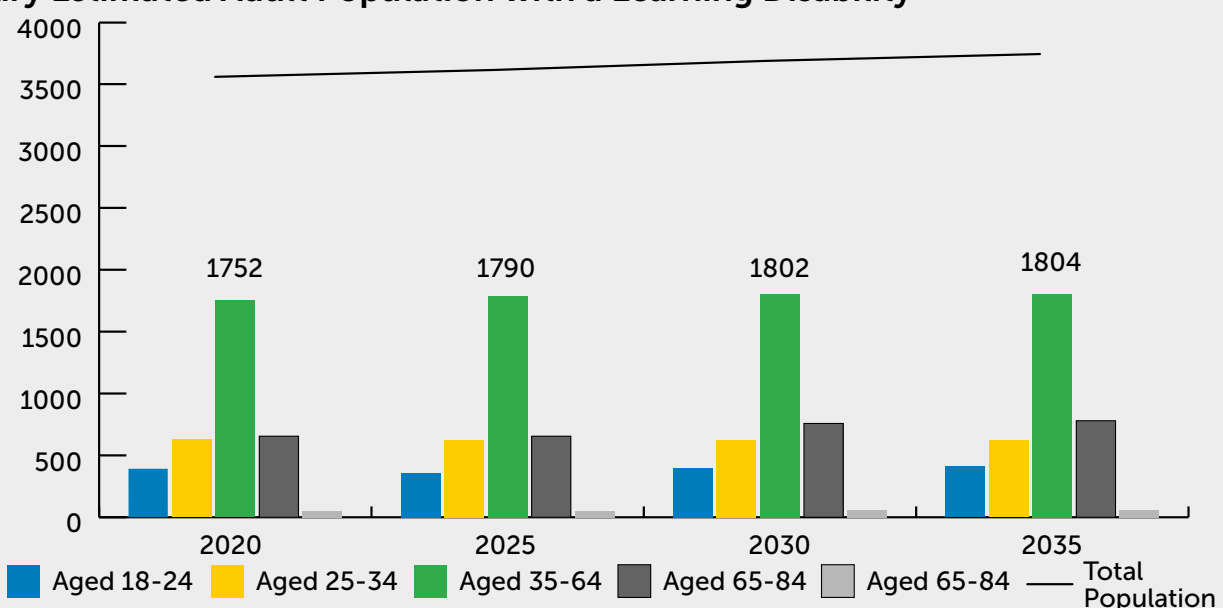
It is challenging to establish the numbers of Autistic people in Bury, given the difficulties in diagnosis. Taking national estimates of expected prevalence and applying to the Bury population, we expect there to be 2,130 Autistic People (All Ages).

There is forecast to be a 4.8% increase in the prevalence of adults with Learning Disability and/or Autism over the next 10-15 years (more than the increase in the general population (4%). There will be a significant increase in those living longer, with an estimated 28% increase in the 65+ age group and an 83% increase in the 85+ age group. There will continue to be an increase in the complex nature of young adults with Learning Disability and/or Autism entering transition that will require adult services.

When compared to our GM neighbour profiles, Bury supports more people creating a level of dependence on services, which indicates the need to improve outcomes for customers to increase and enable people's ability to live more independently in their community.

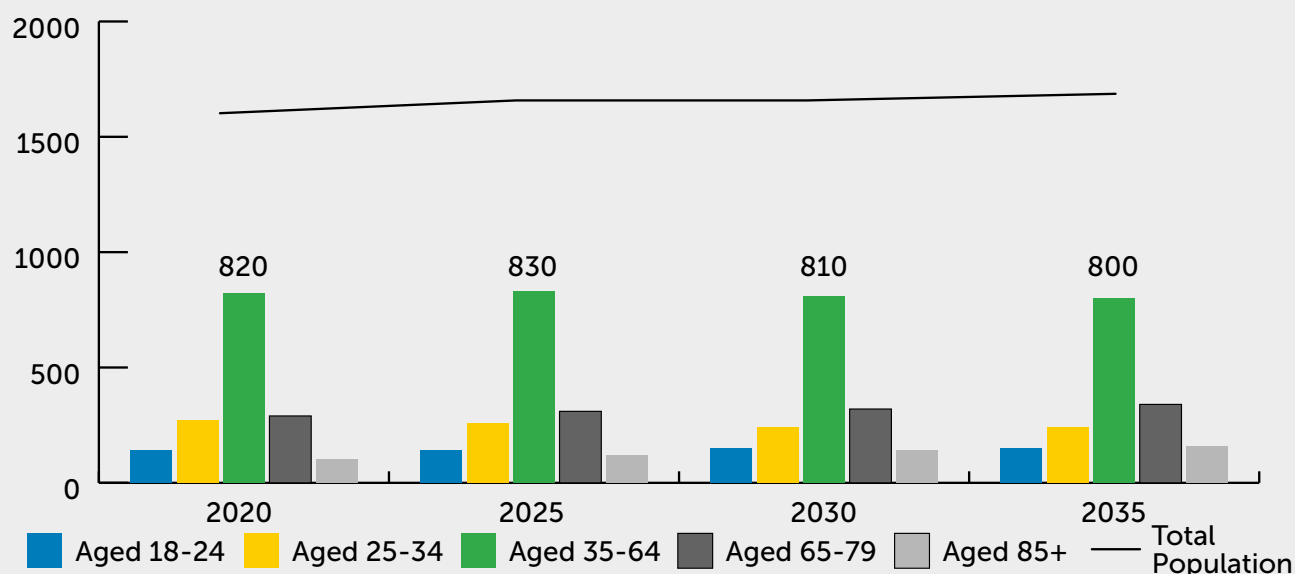
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Bury Estimated Adult Population with a Learning Disability



Source: People 18+ with Learning Disability in Bury PANSI extract 18.2.22

Bury Estimated Adult Population of Autistic People (calculated at 1.1% of resident population)



GM autism prevalence calculator 19.5.2022

- As the graphs above show, numbers of people with Learning Disability and/or Autism are increasing.
- We know that there continues to be under recording of adults with Learning Disability in primary care, and we are working with GPs to improve this. Autistic people are often not diagnosed: we are working to raise awareness of Autism across the system, reporting via our Autism Partnership Board, which includes self-advocates.
- Adults with Learning Disability in general suffer from poorer physical health than the general population, experiencing health inequalities.
- There is no information with regard to individuals with Learning Disability who are not known to the local authority and whether any low-level interventions could assist in their continued independence from statutory services.
- There continues to be limited knowledge regarding the needs of adults with Learning Disability and/or Autism from certain groups, such as within the Criminal Justice System.

Funding

Demand for Adult Social Care (ASC) continues to increase whilst the funding challenge has also increased. This highlights the need to boost focus on early intervention to prevent needs escalating to the point where health and social care support is needed. As a One Commissioning Organisation (OCO) we need to ensure best value in the market and that services are proportionate to need and equitable.

Balancing resources against demand has meant that all authorities have had to make savings and prioritise statutory and core services. Bury Council is subject to these challenges and all elements of services are continually scrutinised which means we are required to take opportunities to be as efficient and cost effective as possible.

Noting that housing is a cornerstone of the government's "People at the heart of Care" Adult social care reform White Paper. We welcome additional investment expected from this e.g. for supported housing, and increasing the upper limit of the Disabilities Facilities Grant.

Workforce

The council is very aware that in Bury and across GM there are recruitment challenges, in a time where we need to grow the workforce to meet increasing demands. We also recognise that the Real Living Wage, additional changes to employment law and changes in the workforce post -BREXIT have all made workforce issues even more challenging.

As part of our strategy for meeting this challenge we will provide strategic leadership around workforce planning and workforce development, to support Providers as employers to address their workforce pressures which includes recruitment and retention of staff.

Work is underway to promote and increase partnerships between health and social care Providers along with training Providers to develop a workforce with the capacity and capability to meet the current and future care and support needs of the people of Bury. Specific mechanisms to deliver this include a new Quality Framework within ASC (Operations), and a system-wide subgroup reporting to the Learning Disability and Autism Partnership Boards which includes a focus on training and workforce.

Key Objectives

To address these challenges and support the principles, set out above, we will take the following steps over the next five years:

Customers will be able to access community based support. Delivered within community locations from which prevention and reablement support can be organised and delivered. These are largely facilitated by people from the voluntary, community and faith sector (VCFS) but have input from trained health and social care professionals where required.

This prevention tier caters for:

- Those who do not meet social care need but require something to support them to remain independent of services (e.g., equipment, reduce social isolation, ad hoc carer support or benefits advice etc.)
- Those who require short term interventions to either recover from a crisis or as part of a reablement plan (e.g., following a hospital admission or a period of illness).
- A new approach to use assistive technology enabled care support/services which will support the council's commitment to help people to remain independent.
- The council will develop the use of assistive technology to support customers as part of their care package to provide confidence and build independent life skills.
- The council is moving towards a 'Technology-First' culture and wants to work with Providers through reference groups/forums to jointly work with assistive technology where appropriate to increase the use of existing and develop new technology to maximise outcomes for people.

A focus on early intervention and prevention will avoid people being admitted to hospital, this includes supporting good physical health as well as mental health and having learning disability and autism friendly GP practices, via measures such as training for GPs, awareness raising and training for administrative staff within practices, increasing the number of, e.g. health checks, vaccination uptake, screening programmes and improving access to services for autistic people both pre and post diagnosis. "Better Health" was identified as a priority area for 2022-2023 by our Learning Disability coproduction network, led by Bury People First, and we have a subgroup with self -advocates, who are working together to deliver a workplan which supports reducing inequalities (e.g., by promoting reasonable adjustments) and improving access to services.



Specialist Accommodation Strategy

There is a desire to support more individuals to live as independently as possible within their community, giving them choice and control to live where and with whom they want.

Wherever possible this means individuals living within settled accommodation with their own front door. The new Specialist Accommodation Strategy will drive and help facilitate the development and increase the number of good quality homes available for those with a social care need in Bury.

In planning for the future commissioning of support services the council is aware of the challenges faced by many service Providers. These include:

- Being able to pay a wage that is attractive – whereas it was possible for most organisations to pay more than National Minimum Wage, the uplifts to this, combined with funding restrictions to local authorities have meant that there are other opportunities at entry and all levels where pay is better.
- Bury has adopted plans to implement the Real Living Wage.
- Difficulties in recruitment and retention of staff.
- Skillset of care workforce to meet the needs of more complex customers.
- Increasing complexity of individuals who need support.
- Increasing expectations of individual and families.

We will work with service Providers to identify ways that these challenges could be addressed within available funding.

Housing – in all its forms - was identified as a priority area for 2022-2023 by our Learning Disability coproduction network, led by Bury People First, and we have a subgroup with self-advocates, we are working together to deliver a workplan which supports the development of our housing vision and priorities.

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Day Support Services

Working with key stakeholders to innovate and remodel Day support services with an emphasis on providing space where people want to spend time:

- Review current models of day care provision and look to innovate and change to provide a more holistic offer with a view to increase consistency across Bury townships.
- Promote 'move on' from building-based services – we would welcome proposals that will support this in a cost-effective way.
- Clarification of the purpose of day services and ensure that work to develop skills is done within the context of the individual's life within an overall person-centred plan.
- Provision that offers opportunities which enables people to be more ready to progress onto paid or voluntary work.
- Increased use of community-based provision reducing transport costs, travel time and make more efficient use of community-based opportunities.
- Increased understanding of what is available locally through VCFS to provide options and choice for people to engage with.

Commissioning Intentions and Market Opportunities

Supported living

- There are currently around 49 adults with Learning Disability living in residential care. There are currently around 249 adults with Learning Disability living in their own tenancies and receiving support. We aim to decrease the number of people living in residential care and increase the number of people within supported living models.

- For young adults, supported living will be the default provision. Residential care will be arranged only when there is no suitable supported living service and will be a temporary arrangement other than in exceptional circumstances.
- The council intends to directly commission specialist supported living services where they are required, including for those with the most complex needs because of physical disabilities, autism, or behaviours that challenge. Capacity in the market will be developed through a new Supported Living Model which will be commissioned in 2022 onwards. This will reduce demand for out of area residential placements.
- The new Supported Living Model will encourage 'own front door' supported living schemes in varying formats that are sustainable and cost effective in relation to the possibility to share support hours and includes self-contained apartments.
- Work closely with our Children and Young People Service to encourage development of support services directed at young people to assist them and their families in preparing for adulthood to enable a more seamless journey from Children and Young People Services to Adult services.
- Providers will need to locate services advantageously to enable easier access to more locally based provision for people with a social care need. New services should consider use of public transport, engaging in travel training opportunities to enable and build confidence around independent travel.
- To reduce the number of people with Learning Disability and/or Autism with mental ill health being placed within a hospital setting and will require community based services to support more individuals with complex needs to live as independently as possible within the community.



“The Council will work closely with Shared Lives schemes to explore how Shared Lives could support individuals with more complex needs”

- Providers will need to consider how individuals are supported to develop independent living skills, to enable them to move on to more independent living arrangements; and find training, volunteering, and work opportunities

Shared Lives

Shared Lives is where individuals live with carer(s) under a licence agreement, in the carer's home. The carer(s) receive payment for rent (via housing benefit), day-to-day living expenses (from the individual placed with them) and for the care they provide (from the council). There is also a payment for management of the scheme and support to carers. These can be highly successful arrangements, particularly where the carer(s) have strong local links and include the individual within family and other social events.

- The council intends to work with shared lives Provider(s) to increase capacity and so expand this scheme (support during the day; for respite and on a long-term placement basis).

The Council will work closely with Shared Lives schemes to explore how Shared Lives could support individuals with more complex needs; and how Shared Lives carers could work in time-limited way and focus on development of independent living skills so that individuals can move on to more independent living.

Support to family, friends, and unpaid carers

Much of the care provided to individuals with Learning Disability and Autistic people is provided by, or co-ordinated with family members, usually parents or carers. There are currently a few different ways that families are supported to care for their family member with Learning Disability and/or Autism this may include day support services, overnight short breaks, and provision of 1:1 care support e.g., personal care.

There are limited opportunities to source overnight short-term breaks for individuals with the most complex needs either due to health, physical disabilities, or behaviour that challenges, therefore:

- We will work with stakeholders to review and develop additional overnight short break capacity in Bury were appropriate.



Residential Care

Refocusing support to increase independence and opportunities will mean that we need less residential care. Although it is our intention to reduce use of residential care where appropriate due to no suitable supported living services being available, or this is the most cost-effective option of meeting the customer's needs. However, the importance of residential care for some people is recognised e.g., good quality residential care can be more bespoke to a person and offer an individualised service in a cost-effective way for those who are ageing and require constant supervision or access to nursing care.

- We will continue to monitor the cost of care and ensure the council pays a fair price for residential care, through transparent commissioning and contracting arrangements.
- We will work with residential care Providers, to ensure that people are as independent as possible, achieve their goals and consider plans to enable the person to move on when appropriate.

Day Opportunities

Refocusing support to increase independence and opportunities will mean that we need less building-based day services. Through the development of support for paid and

voluntary work and increasing opportunities for individuals to access and use community-based amenities.

- Long-term day service placements will become increasingly focused on those individuals with the most complex needs who require constant supervision.
- We will enable and encourage independent travel for individuals attending day support opportunities or local community activity services.
- We will work with independent and in-house Providers to ensure people receive outcome focused support services, with a move toward time limited placements.
- People who have the potential to gain paid employment or volunteer opportunities will be supported to achieve this goal and become more independent of social care funded services where appropriate.
- We will continue to build and develop access into universal, community-based services and support people to build their own sustainable natural networks, opposed to attending more prescriptive services.
- We will explore how we, and our partners can support the development of social enterprise ventures to create work opportunities.

Co-Production “You said – we did”

Both the Learning Disability and Autism Partnership Boards are made up of system-wide partners, self-advocates, representatives from statutory and community organisations, and service Providers. The Boards’ work is to improve the lives of people with a Learning Disability and or Autism and their families living in Bury, working together with us (health and social care) as equal partners in designing, developing, and planning.

- Working together with people who have support needs, family, carers, and stakeholders is at the heart of realising the vision for adults’ health and social care services. We have committed to co-production and will do this by:
 - listening to people and treat them as experts of their own experience.
 - involving people at an early stage in service change.
 - sharing ownership of solutions and outcomes.
 - being honest and open with people about what we can change.
 - provide people with the information they need, at the right time and in a format, they can understand, in order for them to be an equal partner in planning change thus complying with Accessible Information Standard.
 - Ensure that co-production activity is central to all we do.
 - Ensure that we have a full understanding of all individuals, groups and communities that are affected by the issues being considered and that they are supported to fully participate.
 - Ensure that we understand the impact of any proposals upon the responsibilities we have for people with protected characteristics, as defined in the Equality Act 2010. Any outcomes from the work will take account of those responsibilities.

- Ensure that the resources for meaningful co-production are available.
- Recognising the contribution of the people we are working with, in line with our payments and reimbursements for customers and carers guidance.
- Giving feedback on outcomes of any co-production work to all who take part.

We will ensure that the services we commission will embrace our coproduction values.

Quality Assurance

Quality Checks will be carried out each year by self-advocates on the priorities agreed by the Board members. Findings and recommendations will be discussed at the meetings and considered within our work, in health and social care commissioning.

- We will focus on finding the most equitable price that can deliver us the standards and quality people require.
- We will only promote a market which offers a choice of provision that consistently delivers high quality services.
- We will set out our approach to assuring quality in our Quality Assessment Framework.
- Our Provider Forums for Learning Disability and Autism and SEND meet regularly and provide an open and supportive community for Providers to share good practice, concerns and seek information and advice.
- Our workforce (system-wide) is at the heart of services for Bury people. We are working with organisations such as the Bury Training Partnership, Great Manchester Autism Consortium, Northwest Pathways Associates and Pennine Care NHS Foundation Trust to review and develop training provision and support with known issues e.g. recruitment and retention.

Conclusion

This MPS should be read alongside the MPS for children and older people once published. There are other strategic documents that influence this work:

- Bury 2030 Lets Do It Strategy
- Corporate Plan (2020-2022)
- Bury's Learning Disability Charter
- GM Learning Disability Strategy 2022-2025
- Bury's Autism Charter
- GM Autism Strategy 2022-2025

This MPS describes our strategic direction and vision for an All Age approach for Learning Disability and/or Autistic people and outlines how Providers might plan for the changing needs of care and support in the future.



Social value

We need Providers to demonstrate the social value of their services to the wider community. Providers will be asked for specific examples of social value they can provide e.g. creation of jobs or apprenticeships for local people, making buildings available for third sector organisations to use etc.

Co-production and Engagement

Co-production and engagement with people is a cornerstone of the way we work in Bury and therefore we want to work with partners who are willing to work openly and transparently with all our stakeholders, to enable greater inclusion in the development and delivery of services: "services for me, with me"

If you would like to make comments on this document and/or be involved in future versions of this document, please contact via the following link: cwprocurement@bury.gov.uk

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