

Young Carers Strategy & Local Offer 2025-2028



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FOREWORD

In Bury, we recognise the dedication and resilience of our young carers. These young people make significant sacrifices to care for family members while navigating their own educational and personal journeys.

This revised strategy extends opportunities to explore activities beyond their caring roles, meet new friends and access support as and when they need it. Through our partnership working we are committed to better identification of young carers, provide the recognition they deserve and creating the necessary support structure to enable them to thrive.

Most importantly we are pledging to put the voice of our young people and families and the heart of all we do and I invite everyone in Bury to join us in celebrating and supporting our young carers.

I am so pleased to introduce Our Young Carers Strategy. Our strategies are informed by our shared ambition that was co-produced with children

"Our aspiration is that children achieve their potential, are happy, healthy, and safe and are therefore able to make the best use of their skills to lead independent and successful lives."

This strategy, recognises the amazing contribution our young carers make every day and in turn sets out our partnership-wide commitment to ensuring that we identify our young carers, recognise the additional challenges they may face, and provide additional support to ensure that our children with caring responsibilities receive additional support tailored to their needs and circumstances, so that they achieve their potential, are happy, healthy and safe, and have the opportunity to have fun.



Cllr Lucy Smith, Cabinet Member for Children and Young People



Jeanette Richards - Executive Director Children's Services

INTRODUCTION



Bury's Young Carers Strategy was co-produced with young carers, and those they care for.

Our strategy sets out the current situation and the aspirations in Bury for young carers, including defining how we should all work to help them reach their full potential.

Young carers are children first and foremost; they have the same rights as all children and young people. Young carers should be able to learn, achieve and enjoy positive, healthy childhoods, just like other children.

Young carers and families are experts on their own lives – they know what is working well and where they may need more support. It falls to professionals across all sectors to actively involve them in shaping the personalised and integrated responses that best meet their needs. This principle applies regardless of whether care needs arise as a result of mental or physical illness, disability, or substance misuse and whether a parent, a sibling or a family member is the focus of support.

YOUNG PEOPLE WHO CARE: OUR DEFINITION

The legal definition of a young carer is taken from section 96 of the Children and Families Act 2014: "...a person under 18 who provides or intends to provide care for another person (of any age, except where that care is provided for payment, pursuant to a contract or as voluntary work)."

For us in Bury we define our young carers as; a child under the age of 18 who looks after, supports or cares for a family member (a parent / carer or sibling) who due to illness, disability, mental health or drug and alcohol problems would be unable to cope without their support. A young carer's day to day responsibilities could include tasks such as:

- Cooking, housework and shopping
- Physical care, such as helping someone out of bed
- Emotional support, such as talking to someone who is distressed
- Personal care, such as helping someone get dressed
 - Helping to give medicine
 - Making sure the bills are paid

"It would be better for people to understand about young carers and hear about them more, because when you talk to people about it nobody has any idea about what it is or what you have to do." Young Carer aged 14



NATIONAL & LOCAL CONTEXT

There are at least one million young carers aged 17 and under in the UK and over 600,000 young adult carers aged 18 to 25. They are caring for family members and friends with challenging long-term disabilities, illnesses or addiction. We know that more than 139,000 children and young people are caring for someone with a long-term illness or disability for over 20 hours every week. And shockingly, over 50,000 of them are spending 50 hours or more each week on their caring role.

What they do couldn't be more challenging. Some young people are making sure a parent or sibling with a long-term condition is taking the right medication at the correct time throughout the day. Others are responsible for making sure all the household shopping gets done and bills are paid.



Our local context for Bury

As of March 2025 Bury had 139 children and young people aged between 7 and 18 registered as a young carer. We believe that there are many children and young people in our area that could be eligible for an assessment and service from young carers who have not yet been identified.

We know that we need to do more in Bury to support our schools and partners in identifying children who may be a young carer, to ensure that these children have access to the right level of help and intervention they may need. We will work more closely, not only with our schools, but our primary health colleagues, GPs, adults and children's services to support in the early identification of young carers in our borough.

We have developed a Young Carers Toolkit to support professionals to identify potential young carers whom they may be working with which can be found on our Bury Council Early Help page.

<https://www.bury.gov.uk/social-care-and-support/child-care-and-support/early-help>



**139 REGISTERED YOUNG CARERS
(AS OF MARCH 2025)**

Bury Young Carers
STRATEGY 2025 - 2028

VOICE OF OUR YOUNG CARERS & THOSE THEY CARE FOR

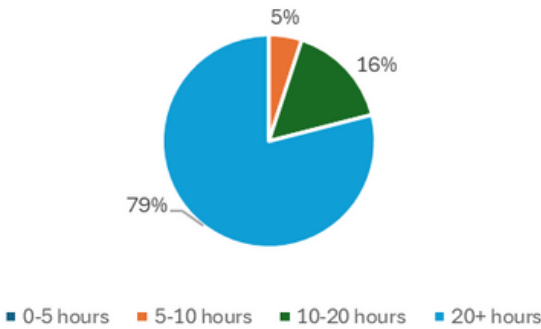
What did our young carers tell us?

We completed a local survey of our young carers in March 2025 - the following is a summary of our findings:

79%

of our young carers are undertaking over 20 hours of caring responsibility per week

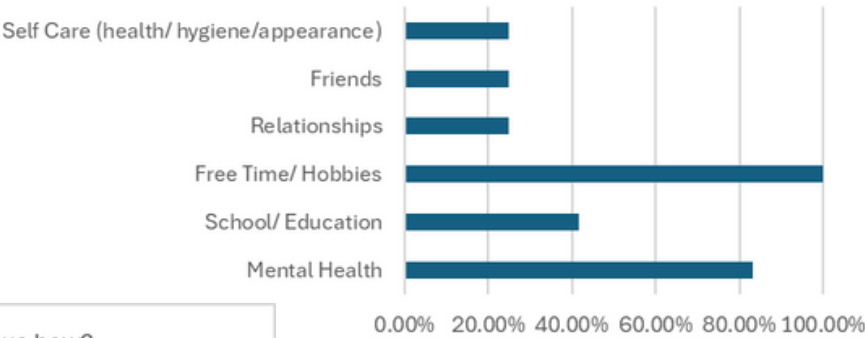
How many hours per week are spent caring?



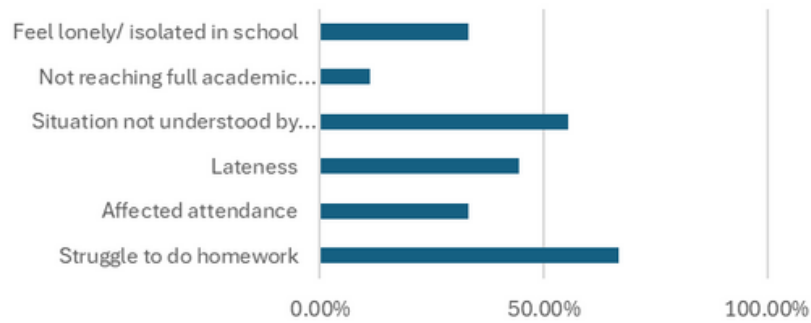
100%

of young carers felt that their free time was impacted due to their caring responsibility.

What areas of your life are affected by caring responsibility?



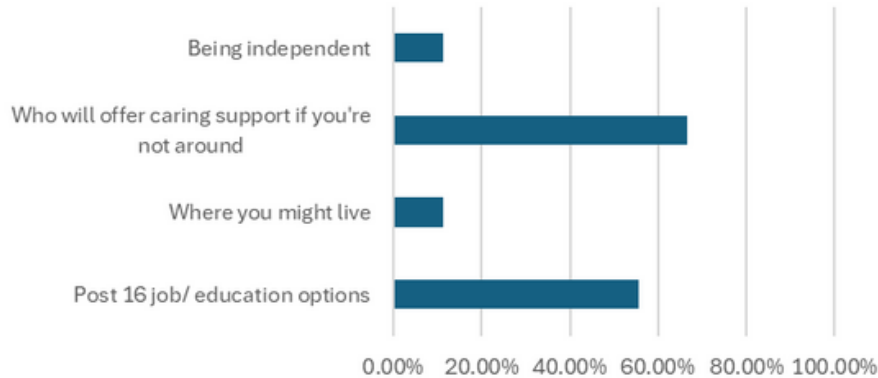
If your education is affected, please tell us how?



71.4%

of young carers struggle to do homework

Do you have worries about the future? If so, which themes...



66.7%

of young carers worry about who will offer care to the person they look after when they get older and want their own home

VOICE OF OUR YOUNG CARERS & THOSE THEY CARE FOR



Our young carers shared:

'Caring takes time away from friends, I make plans to hang out but then my dad will have a drs appointment and they don't understand that I need to take him to that so have to cancel, and they just don't get it.'

'I get into trouble for being late and why I try to explain they see it as an excuse, even though I have to help my dad get dressed and sorted'

'It's my favourite part of the week coming here (to young carers group) I have made so many new friends'

'Homework isn't always done as there's too much going on at home'.

'Sometimes it is a good thing to have to care for someone in your family because you can grow closer to them while you are doing it and it forms a stronger bond'

'I worry about who will look after mum if I'm not there'.

'Caring impacts on my mental health at times'

'Its a lot better coming here (to young carers groups) because you get to meet people and make new friends, you get a break from it all'

'I don't really get any time to myself at home because I have to help look after my mum and grandma'

I have been caring for my dad most of my life, once you start you just can't stop, you have to stay with it, I have to put my feelings aside so I can help them and my little sister'

Those they care for shared:

'The service has provided opportunity for my child to create friendships with likeminded or similar individuals who understand her experiences of life so far. It has reduced the isolation being a young carer can bring'.

'This service has been wonderful for my daughter, it's helped her make new friends and given her "time off" to focus on herself'.

'I've read though the support plans and they're very thorough, thank you for approaching them with such care. She loves the Young carers group and I'm glad she has access to such great resources'

I'm super proud of this girl of mine. She's an absolute Warrior. She gave a talk in school about being a young carer. They said she was amazing. Nearly had them in tears. They gave her a special award. (related to the promotion in schools re YC day of action)

'he's really enjoying your sessions and enjoyed showing his little box of coping strategies he's keeping in his room (referring to one of our SHINE sessions)'

100%

Of our Young Carers said that their caring role has an impact on at least one area of their life.

Bury Young Carers
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TALLULAH'S STORY

Tallulah is 14 years old, she cares for her dad who has physical and mental health needs. Tallulah helps him to dress, does the housework, cooking and cleaning and also helps to look after her little brother. Tallulah has been accessing the Young Carers Service from the age of 7, she used to receive more intensive support when things were difficult, but now things are a bit more settled she accesses the group sessions on a weekly basis. Tallulah has future ambitions to work with young people who have experienced living with a parent with drug addiction who have also been a young carer.

When speaking about the service Tallulah shared:

'Being part of Bury Young Carers drop in has been an incredible experience for me. It's a place where young people can enjoy themselves and take part in activities, they might never have the chance to do otherwise. I've been attending since I was seven years old and over the years, this service and the amazing staff have helped me so much, giving me a space where I can truly be myself, feel safe, socialise and make new friends'.

'Young carers drop ins has given me opportunities I wouldn't have had without this support. It has provided a warm, welcoming and safe environment where I always feel valued. The workers are incredible and never fail to put a smile on my face. Cat, Lisa and many others take the time to support me and ensure my needs are met whenever I need help'.

'I've had so many amazing experiences through young carers, from trips to Blackpool and Clip 'n Climb to all the fun activities we do during drop-in sessions. Being part of this group has made such a positive impact on my life and I'm truly grateful for everything they do'.



NATIONAL POLICIES & LEGISLATION UNDERPINNING THIS STRATEGY

The Children and Families Act (2014) requires Local Authorities to take reasonable steps to:

- identify young carers in their area,
- provide assessments for young carers under the age of 18,
- and to identify whether caring responsibilities are appropriate.

The Care Act (2014) requires Local Authorities to put in place a transition plan for young carers aged 16-18. This key legislation refocuses the law around the person, rather than the provision of a service strengthening the need for a more integrated approach.

The revised Working Together (2023) guidance strengthens the emphasis on early identification, assessment, and intervention. This reinforces the need for agencies to work effectively together to support families with young carers, developing a whole family approach.

The establishment of the all-party parliamentary group (APPG) for young carers and their subsequent first parliamentary inquiry (November 2023) into the lives of young carers, found that time spent on caring can impact on life outcomes due to a lack of support. It found that young carers miss on average 27 days of school a year and that young-adult carers are 38 per cent less likely to achieve a university degree.

The Young Carers Covenant - launched in March 2024 - sets out 10 key goals as well as actions to help young carers reach their full potential. In Bury we are fully committed to embedding this across our borough ensuring that everyone works together to create better futures and outcomes for all our young carers.

Young carers miss on average 27 days of school a year and young adult carers are 38 per cent less likely to achieve a university degree

CARERS TRUST

The Young Carers Covenant

We are committed to a fair future for all young carers and young adult carers

We agree that:

- Young carers and young adult carers are children and young people first; they should be recognised and listened to.
- No young carer or young adult carer should take on caring roles which are inappropriate, excessive, or which negatively impact their life opportunities, health or wellbeing.

We are committed to a future where all young carers and young adult carers:

- Are identified at the earliest opportunity ✓
- Are able to thrive in education ✓
- Can access and succeed in employment/training opportunities ✓
- Have time for themselves ✓
- Are safe and secure ✓
- Can access support for themselves and their family ✓
- Feel they have choices in their lives ✓
- Have good physical and mental health ✓
- Can access and benefit from the rights they have ✓
- Live free from poverty ✓

www.carers.org/youngcarerscovenant

Our approach to supporting young carers, including our young adult carers requires a collaborative approach between Adult and Children's Social Care Services. This will be a key priority for the refreshed memorandum of understanding (MOU) for 2025 to help promote working together between Adult and Children's social care services and continue to develop strong partnership working with health and third-sector partners.

OUR COMMITMENT TO A 'NO WRONG DOORS' APPROACH IN BURY

No Wrong Doors: working together to support young carers and their families – ADCS

The memorandum sets out the following principles:

'No wrong doors' is an approach that Bury is committed to and will implement in the coming years. The principle underpinning this nationwide memorandum of understanding is that there should be "no wrong doors" for young carers and their families.

Young carers should be identified, assessed and supported regardless of which service is accessed in the first place. It is necessary given that there is evidence to suggest that the caring role has a negative impact on mental health, education and life opportunities for young carers:

- 1 in 3 'always' or 'usually' struggle to balance caring with education
- Young carers are significantly more likely to report severe psychological distress, self-harm, and make attempts on their own life
- Young adult carers are 38% less likely to achieve a university degree, and significantly less likely to enter employment.

- The primary responsibility for responding to the needs of young carers and young adult carers, and ensuring an appropriate assessment is completed, rests with the service responsible for assessing the person they support, rather than depending on the age of the carer.
- Practitioners across Adult Social Care, Children's Services and health settings working with individuals with care and support needs and their families have an equally important role in identifying potential young carers at the earliest opportunity.
- The starting point should be to assess the needs of the adult or child who needs care and support and then see what remaining needs for support a young carer in the family has.
- The presence of a young carer in the family will always constitute an appearance of need and should trigger either an assessment, or the offer of an assessment, to the person needing care.
- Where there are children in the family providing care to an adult or undertaking wider caring responsibilities, a 'whole family' approach is key when assessing the adult needing care. The adult's assessment and eligibility for support should consider their parenting responsibilities and the impact of the care and support needs on the family
- Assessments should ascertain why a child is caring and what needs to change to prevent them from undertaking excessive or inappropriate caring responsibilities which could impact adversely on their welfare, education, or social development. The views of both adults and children within the family should be sought separately where appropriate, to ensure individual family members have the opportunity to speak openly about their situation and need for support.
- Consideration must be given to whether a young carer is a 'child in need' under the Children Act 1989, and whether their welfare or development may suffer if support is not provided to them and/or their family.

'In Bury, we recognise the dedication and resilience of our young carers'

Bury Young Carers
STRATEGY 2025 - 2028

OUR STRATEGIC PRIORITIES



We have set ourselves 10 strategic priorities for 2025 – 2028:

- 1.** To embed the memorandum of understanding which seeks to promote working together between Adult's and Children's social care services and developing stronger partnership working with health, education and third-sector partners to improve the identification / recognition and registration of young carers and their families in Bury.
- 2.** Prevent inappropriate caring roles from impacting on our children and young people's emotional and physical wellbeing, their education, and life opportunities – ensuring that all young carers are supported to achieve their aspirations.
- 3.** Ensure the voices of young carers are heard and responded to; that they have meaningful opportunities to influence decisions about their lives and make choices about their caring role, the support available to them and the person they care for.
- 4.** Strengthen our offer to young carers developing services which are responsive and flexible by widening the age appropriate opportunities available.
- 5.** Promote young carer's rights to assessment and support, including their right to a statutory young adult needs assessment – ensuring that they benefit from an updated assessment at least annually or following a significant event in theirs or their family's lives.
- 6.** Develop a clear offer of assessment, information and support specifically tailored to our young adult carer cohort in partnership with Bury Carers Hub - ensuring that transitions are managed effectively, and no young carer falls through the gaps.
- 7.** Ensure all young carers have a plan for support, and their own safety and contingency plans.
- 8.** Establish a clear offer of family group decision making for young carers and their families to support them to develop their own family plans with help from their family and friends.
- 9.** Raise the profile of young carers, and promote the responsibility of all agencies for improving outcomes for young carers and their families.
- 10.** Develop young carers champions in schools, health services, family help & children's social care.

OUR DELIVERY MODEL

Embedding Young Carers into the Early Help offer presents an opportunity to strengthen the working relationships between Children's and Adult's Services. Developing a shared protocol to ensure smooth pathways to information, advice and support for young carers and their families underpinned by partnership working.

Integrated pathways and safeguarding young carers and their families should be supported regardless of which service is contacted first. There should be no 'wrong doors' as children's and adult's social services are required to work together to fulfil their duties in law. We will ensure that all practitioners are aware of local safeguarding policy and practice and accept a joint responsibility to work in partnership to identify and respond to any young carers who are suffering, or likely to suffer, significant harm. Whole-family approaches will enable all agencies to support the early identification and assessment of the needs of young carers by:

- Encouraging and raising awareness of information, advice and support available, including the use of digital resources,
- Using the Early Help assessment tool 'Story So Far' and the Young Carers Needs Assessment to support strengths-based conversations and outcome-focused planning with the young carer and their family at the centre,
- Ensuring a timely response for those young carers who need a targeted or specialist intervention.
- Launch our Young Carers Toolkit across the partnership
- Launch our Young Carers self-assessment tool

"I like coming here (to the young carers sessions) and seeing all my friends and having people to talk to because I know they can relate to the type of things I am going through."

To be effective we need to continue to develop an integrated model that enables young carers to be identified and supported to access opportunities and this requires all partners to work collectively. The young carers toolkits and pathway will enable all practitioners to navigate support available to young carers. The sooner young carers are recognised, the easier it is to prevent them from taking on inappropriate levels of care.



MEASURES OF SUCCESS

We will be successful when we are confident that all Bury young carers are able to access support to enable them to have the same opportunities as their peers, are protected from inappropriate caring roles, and are safe, happy, successful, and healthy. We will measure success through the following outcomes:

increased awareness of our Local Offer for Young Carers, ensuring that parents, carers, and partner agencies can better identify young carers, leading to increased referrals to our Young Carers Service.

The voices of young carers and their families will continue to influence decision-making, with evidence to show their impact to consistently review and shape service improvements.

Our Young Carers Toolkits for professionals and young people will be fully embedded across the borough.

The Young Carers team will complete assessments for all identified young carers, ensuring regular reviews—at least annually or following a significant family event.

All young adult carers will receive tailored assessments, with improved transition pathways that inform them of their rights, financial support, and eligibility when they turn 18, leading to higher engagement with Bury Carers Hub.

Increased participation in Junior and Senior Youth Sessions, giving young carers opportunities to socialise, take a break from caring responsibilities and develop skills as they grow.

More young carers will benefit from our Targeted group support, accessing tailored workshops that help them understand their family members' needs while building confidence, resilience, and positive emotional well-being.

We will see an improvement in education attendance and attainment of young carers through better support in schools.

Increase in young carers and their families developing their own family plans through the support of a family meeting or from accessing our Family Group Decision Making service.

All schools and education settings in Bury will be supported to embed a Young Carers Policy which will identify a Young Carers Champion and foster peer support networks.

OUR LOCAL OFFER

Assessment: What our Young Carers and their families can expect:



To be offered a young carer assessment of need where it has been identified that the child may be a young carer. This may be identified by the child themselves, a family member or a professional. The assessments will be updated at least annually or following any significant event in the family.

Every young carers assessment will include an assessment of the parents needs to understand what level of care they require, what support their child provides, and what additional support they feel they need. Where an adult's needs are complex we will try to undertake joint assessments with adult social care / adult support services (i.e., substance misuse worker or mental health worker) if appropriate to ensure a whole family approach.

A young adult carer needs assessment will be offered when children reach year 11 at school as this will identify any additional support the child may need during GCSE revision / examinations and post 16 education.

An early help assessment which we call the Story So Far will be completed alongside a young carer assessment where a family is identified as experiencing multiple and complex difficulties that requires a whole-family and a multi-agency approach.

All our young carers will have an initial or review assessment when they reach the age of 17 (Year 12) which will be undertaken jointly with Bury Carers Hub. Bury Carers' Hub provides a single point of access for all adult carers (18+) supporting another adult living in Bury. The Hub exists to ensure that carers have access to information, advice, and a wide range of support services.

[Bury Carers' Hub | n-compass](#)

This joined up approach promotes seamless transitions for young people between children's services and adults. The assessment will cover a range of areas that are important to our young adult carers such as; housing, benefits, adult social care assessments and further education.

**We have completed 55
young carers assessments
between April 24 - April 25**

Bury Young Carers
STRATEGY 2025 - 2028

PLANNING

Following an assessment, a plan of support will be developed with the young carer and their family, this could range from access to our universal offer, targeted offer, intensive support or a team around the family plan. In a small number of situations, the assessment may recommend that the child meets the threshold to receive support under a Child in Need plan – where this is the case the young carers team will continue to support.

A safety & contingency plan will be developed with all our young carers and their families to make sure that everyone knows what needs to happen in the event of an emergency, who can support and who could look after the child if needed.

Young Carers and their families will be offered a family meeting or in some situations a family group decision making meeting, where it is felt this would help parents / carers to involve their support networks enabling them to develop a family plan. A family plan can help to reduce the pressures for a young carer



SUPPORT FOR YOUNG CARERS

Group programmes – access to either our Junior (aged 7-11) sessions that are held monthly, or Senior (aged 11+) sessions which take place weekly. Our group sessions allow young carers to meet others with similar experiences, provide them with peer support and access to positive activities.

(For further information and details please see Appendix 2)

Bespoke individual (One-to-one) support alongside group work where this is identified as a need.

Access to our SHINE programme, which has been designed to offer young carers specific information, advice and guidance on themes that may impact on them because of the caring role they undertake. Our programme is aimed at helping young people understand their own needs alongside the needs of the person they are caring for and provides time away from their caring tasks. Our sessions are offered face to face and virtually to ensure that everyone can access the sessions that they need.

(For further information and details please see Appendix 1.)

Transport to activities / sessions can be provided where this is needed to ensure that none of our young carers are disadvantaged and unable to attend sessions.

Opportunities to engage in a range of recreational activities, school holiday clubs and enrichment activities as well as young carers' groups that provide opportunities for fun and skill development. These activities help reduce isolation and increase resilience.

Access to universal young carers provision for children who are living in a home where their brother or sister has a disability / are neurodivergent and the child supports parents with some level of caring responsibility.

Where a child is identified as needing some immediate financial support, we are able to apply for funding and grants for things such as: bedding, interview clothes, household items, school supplies etc.



HELPFUL RESOURCES & FURTHER INFORMATION

What our Schools & Partner Agencies can expect:

A new Young Carers Toolkit for professionals - designed to support professionals in identifying young carers and ensuring that they have the right support.

Revised, and regular promotional activity to raise the profile of young carers and improve identification of this cohort of children to ensure that they have access to the right help and support.

Training and briefings provided by our young carers team, alongside some of our young people with lived experience to ensure that any professional in our Borough understands the local offer, is confident to identify potential young carers, and has an awareness of the impact of caring responsibilities upon children.

Support and training to establish Young Carers Champions across the partnership

How to access Young Carers?

If you are a parent / carer or young person who believes that they or their child may be eligible for a young carers assessment you can make a self-referral via our online form [multi-agency-request-for-support-form-may-2024.docx](#) and sending to Childwellbeing@bury.gov.uk

Professionals can also make the request using the process above.



Sibling young carers can be referred by scanning the QR code. A Sibling Young Carer who is supporting the functioning of their family/household due to the caring responsibility for a disabled or ill sibling, is able to access our group support offer.

Families and professionals can contact our Young Carers Service directly on Buryyoungcarers@bury.gov.uk for advice or guidance, however, we are unable to accept requests for support via this option.

Bury Young Carers Support sessions: SHINE

Social
Health
Inspiration
Nurturing
Empowerment

These sessions have been designed to offer our young carers specific information, advice and guidance on themes that may impact on them because of the caring role they undertake.

The SHINE sessions will run twice monthly alongside the youth based, peer support, social activities to ensure our young carers have access to holistic support and engaging activity, meeting their identified specific need. Invites will be sent out and attendance monitored with detailed feedback gained from both young people and their parents/carers to measure impact and improve the offer. Sessions will be from 5:30 – 7pm, both in person and virtual to remove barriers to participation. Attendance at the sessions will be ‘by invite’ to enable appropriate, age related content and concepts with differentiation being applied to ensure understanding and impact.

Bereavement and loss aims to support young people with the impact of their parents illness on them and the altering of that relationship. The session will gently touch on the changes that the young person is experiencing as their parent works through their illness and the alterations to family life, quality time and changing of routines this has. It will also work to explore the impact of loss and coping strategies focusing on creating memories and working through the stages of grief.

Managing stress & Anxiety will focus on the increased pressure looking after a loved one brings and the additional roles and responsibility whilst living life as a young person. The session will work through the anxiety a young person may feel when they are worried/scared for their parent. It will aim to teach stress management techniques but also offer a safe space to discuss worries and share feelings

Managing relationships is aimed at young people whose parents are struggling with their own mental health or substance misuse. The session will allow a safe space for young people to talk through the emotional and practical Impact of this on their relationships and the increased strain/heightened emotions on life at home. The young carers will leave the session with knowledge of the functionality of healthy relationships, calming & de-escalation techniques, and need vs behaviour.

School support has been designed to offer more focused attention to the impact of a caring responsibility on school life. Young people have reported that they are worried about balance between the caring responsibility and participating fully in school. The session aims to offer some anxiety reduction techniques (around exams/homework/attendance) but also empower the young people to share their experiences with school and create a ‘safety plan’ for their time there. We will explore what support can be gained and work to fit what is appropriate to each young carer and implement it.

Illness and impact looks to pull out the general themes young carers may face – hospital visits, poorly parents, changes to routine, level of new responsibility. It will enable the young carers to discuss how these make them feel but also give some information about expected treatment plans, support available and enable the young carers to support each other with managing their caring role and understanding the journey they are on. It will aim to empower the young people to share advice and support on both practical and emotional aspects.

Helpful Resources & Further Information

| Name of Service / Resource | Description | Website / contact | Age range |
|-----------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| Young Carers Toolkit: For Professionals | A toolkit designed to support professionals in identify young carers and ensuring that they have the right support. | https://www.bury.gov.uk/asset-library/young-carers-toolkit-professionals.docx | 7-18 |
| Young Carers Self-Assessment | A young persons self-assessment to support them to recognise and identify whether they are a young carer | https://www.bury.gov.uk/asset-library/young-carers-self-assessment.docx | 7-18 |
| Young Carers Senior Session | A targeted youth group that takes place weekly aimed at providing young carers with a space to connect with other young people, engage in activities, seek support and have a break from their caring responsibilities. | Bury Youth Service (@buryyouthservice). Instagram Bury Youth Service Facebook youthservice@bury.gov.uk | 11-18 |
| Young Carers Junior Session | A targeted junior youth group that takes place monthly aimed at providing young carers with a space to connect with other young people, engage in activities seek support and have a break from their caring responsibilities. | Bury Youth Service (@buryyouthservice). Instagram Bury Youth Service Facebook youthservice@bury.gov.uk | 7-11 |
| Young Carer SHINE programme | Fortnightly targeted sessions designed to offer our young carers specific information, advice and guidance on themes that may impact on them because of the caring role they undertake. The SHINE sessions will run twice monthly, and can be accessed by invite only to ensure that we have the right group of children and young people attending. If you would like further information please contact Buryyoungcarers@bury.gov.uk | Young carers - Bury Council Buryyoungcarers@bury.gov.uk | 7-18 |
| Carers Trust | Information, advice, practical support and/or care in the home to unpaid carers of all ages. | Young Carers - Help & Support Carers Trust | all |

Our Young Carers Service works closely with local charity 'Friends of Bury Young Carers' who support us to deliver our local offer. We have also formed supportive partnerships to enhance the offer further with Bury Carers Hub, Bury Rotary Club, HAF, Love Manchester, Duke of Edinburgh, Children's Adventure Farm Trust and Create Arts. We would like to say thank you to all our supporters, who enable us to give our young carers access to a range of support and activities to give them a break from their caring duties.

We would also like to say thank you and show our appreciation to all our young carers in Bury.

We thank you for your continued support in our efforts to deliver an effective service to our young carers.

Contact:

Young Carers Service
Buryyoungcarers@bury.gov.uk